

SUWANNEE RIVER YOGA

PRESENTS

ASHTANGA YOGA BASICS

with *Laura Thompson* (a vigorous practice)

6 WEEK WORKSHOP

DATE: Jan. 12th – Feb. 16th 2009

TIME: Monday Evenings
4:00pm - 5:30pm

FEE: \$50.00 for the series



16548 SPRING STREET • WHITE SPRINGS, FLORIDA

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